

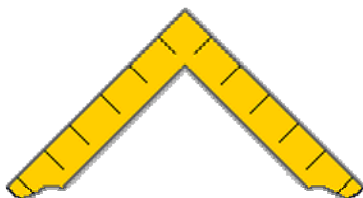
Zephyr Lodge No. 198
F&AM
Zephyrhills, FL
1911-2013

Trestle Board
April - June 2013



MEETINGS 2ND AND 4TH THURSDAYS 7:30PM DINNER & FELLOWSHIP 6:30PM DONATION STILL ONLY \$5
LODGE IS LOCATED AT CORNER NORTH AVE AND 12TH STREET

2B1  ASK1



Greetings from the East

Brethren, we have had a really active and exciting first quarter. Our Installation made the news in both the Zephyrhills Free Press as well as the Tampa Bay Times. Two candidates, now Brothers Chris Mandia and Cory Sommers were initiated Entered Apprentices and also passed to the Degree of Fellow Craft. Three Master Masons, Brothers Walter Wethington, Robert Hunter and Larry Johnston successfully completed Master Mason Exams I, II and III. We had a Float in the Zephyrhills Founder's Day Parade (designed and built by our Sr. Deacon, Marcus Price) and we also held our first Pig Roast of the year serving over 600 guests.

Attendance at our recent Stated Communications has nearly approached "standing room only" numbers with over 80 Master Masons present for two of our more recent meetings. Here are some other interesting numbers: at our January 24, 2013 Stated Communication there were 9 First Time visitors; at our February 28, 2013 Stated Communication, there we 86 Master Masons present, of which 42 were Past or Sitting Masters. Our District Deputy Grand Master David A. Aponte and our District Instructor, Right Honorable Robert C. Thompson, Jr. made an official visit on March 14, 2013 which was enjoyed by all. Our new website has taken off with hits from Brothers from all over the East Coast. Check it out at www.zephyrlodge198.com. And don't forget our Facebook link!!

We continue to look for new candidates so if you know a good man who you believe would make a good Brother, please invite them to call our Secretary, Paul Weil at 813-780-9838 for information and a petition. You know what we say, "We take good men and make them better". As I said last January, our primary goal in 2013 is to grow the membership of our Lodge. Please help your Lodge grow.

And if you are not coming to Lodge regularly, you sure are missing out on a lot of great fellowship!! So I am looking forward to seeing you at Lodge real soon.

Fraternally, Bill Clark



Greetings from the West

Brethren, it is hard to believe that Spring is here...well, at least, that is what the calendar says! I can't say as much for the weather. However, since January our organization has been "HOT" with a flurry of activities, growth and development! This is due in part to all of our brothers.

I am reminded of a quote by Thomas Carlyle...." A great man shows his greatness by the way he treats little men."

As Masons we understand that every member of our organization has an innate need to be valued, recognized, and included. Consequently, everyone should be treated with the respect afforded a volunteer. We should recognize the achievements of others. We should lavish with handshakes and smiles, be diligent with dialogue and encouragement, and noteworthy in our note writing.

Our brothers are not anonymous entities, valued only for their contributions. Our brothers are valued friends. We should seek to affirm the individual worth of each other. It lets everyone know that they truly belong.

A pat on the back has enough force to propel everyone towards excellence!

On the Level,
Bob Benner, Senior Warden



Greetings from the South

Brethren, on April 4th at 6:00pm, there will be a Zone Masonic Leadership Training workshop held right here at Zephyr Lodge No. 198! I, for one, am very excited to be a part of these classes as I have nearly completed all 15 of the required courses. These classes are not just designed to prepare Line Officers wanting to go to the East as the syllabus includes classes on Ritual, Communication, Fellowship, Lodge Etiquette, Mentoring, Event Organization, Public Speaking, Service, Finance, Planning and much more. In fact, the Masonic Leadership Training Manual contains a plethora of information beneficial to all Entered Apprentices, Fellow Crafts and Master Masons.

If you want to learn more or maybe it's been awhile and you have forgotten some of the things that make you a Mason, then I hope you will come out and be a "part of what's to come". I sincerely look forward to seeing everyone there and am proud to serve GOD and this Lodge as your Junior Warden.

By the Plumb,
David L. Budai, Jr. Warden

MASONIC MEDICAL RESEARCH LABORATORY

by: Ronald P. Kamp

Never in our history has there been a better time to get sick. From heart disease, cancer to AIDS, we are blessed today with an unprecedented number of drugs and techniques to fight disease. Discovery will continue because the tools at hand are more sophisticated than ever before. Just twenty years ago, people laughed at the idea of cataloging the 3 billion DNA base pairs in the human body. Today the human genome project is way ahead of schedule thanks to computers and new technology.

We are also on the threshold of new scientific wonders. The ability to introduce normal genes into the body to replace defective ones has almost limitless applications. The ability to grow tissue to repair damaged hearts, and other organs is mind boggling.

Scientists can now grow heart valves from human cells. The approach, called tissue engineering, is intended to create a fresh source of heart valves to replace those that wear out or are faulty from birth. Using the recipient's own cells it is hoped that the valve will grow as the patient grows. No longer will we use animal valves or mechanical valves that require blood thinning drugs to prevent clots. Hopefully, tissue engineering will be available for human use within five years.

Recent work at many research centers, the Masonic Medical Research Laboratory (MMRL) included, offer unprecedented opportunities for the development of major advances in the prevention, diagnosis and treatment of disease. Our contributions to medical research over the past 42 years have been very significant ones, providing benefits to peoples of all nations. However, they merely foreshadow what is to come.

The Masonic Medical Research Laboratory's history dates back to 1947 when the Masonic Grand Lodge of New York created the Masonic Foundation for Medical Research and Human Welfare, a not for profit corporation. Over the next seven years, the Fraternity raised and the Foundation allocated nearly \$1.5 million to research programs at various institutions dedicated to the elimination of rheumatic fever. Encouraged by their success in raising funds and in making a significant contribution to the eradication of this dreaded disease, the Fraternity sought a new challenge. In 1954, a decision was made by the Grand Lodge of New York to build and equip a medical laboratory that would carry the mantel of Freemasonry and be supported by the Masonic Fraternity. It was dedicated on the grounds of the Masonic Home in Utica, NY in 1958.

From those humble beginnings, the Masonic Medical Research Laboratory has developed into a world renowned research center, especially in the area of experimental cardiology. The chief sources of extramural support include the National Institutes of Health (NIH) and the American Heart Association (AHA). Findings generated by the research programs at the Laboratory are published in the finest medical peer-reviewed scientific and medical journals worldwide.

The Masonic Fraternity's commitment in support of medical research has never wavered. In 1994, the Grand Master of the Most Worshipful Grand Lodge of Florida designated the MMRL as his Grand Master's Charity. The Laboratory continued to be named the Grand Master's Charity of choice by every succeeding Grand Master. In 1997, the Grand Lodge of Florida passed historic legislation designating the Masonic Medical Research Laboratory as their permanent "Flagship Charity".

The Laboratory has played and continues to play a prominent role in providing valuable insight into many of the medical problems that afflict humankind. The Laboratory's achievements include research findings that have helped to form the foundation for the modern day practice of cardiology worldwide. Its scientific work in the field of experimental cardiology has received 7 international awards within the last three years, an achievement that is unprecedented for an institute its size.

Our Experimental Cardiologists have the capability of measuring voltage signals and ion currents in single heart cells. The knowledge gained from that single cardiac cell is translated into an understanding of the function of the heart as a whole. The information acquired is then applied to help physicians make better use of diagnostic tools such as the ECG.

Studies are underway to define the cellular basis for the different waves found in the electrocardiogram (ECG). Our Cardiology team recently published a paper dealing with the cellular basis for the J wave that appeared in the journal *Circulation*. This work has led to the development of a model that may explain why some apparently normal people experience sudden cardiac death.

Two papers dealing with the characteristics of the M cells, discovered at the Laboratory, and cellular basis for the T wave of the ECG in health and disease appeared in the November, 1998 issue of the prestigious scientific journal, *Circulation*. These articles are perhaps the most important ever published by the MMRL. Both papers were selected as finalists in two separate international research award competitions. Accompanying those papers was an article by Dr. J. Willis Hurst, one of the fathers of modern day electrocardiography. In that article Dr. Hurst said, "The spectacular work of Dr. Charles Antzelevitch, MMRL Executive Director, and his coworkers should be reviewed by every clinician who uses the ECG as a diagnostic tool." Very high praise indeed from a world authority.

Defining the basic, clinical and genetic aspects of a recently highlighted form of sudden death known as idiopathic ventricular fibrillation and the Brugada Syndrome are a high priority of the MMRL. Working together with scientists at Baylor College School of Medicine, our scientists recently discovered the first gene defect responsible for the Brugada Syndrome. The finding was published in March, 1998 in one of the most widely circulated scientific journals, *Nature*.

MMRL scientists have recently demonstrated the cellular basis for the effects of the sympathetic nervous system in a hereditary disease of the heart known as the long QT syndrome. The mechanism for this has escaped the grasp of scientists for over 30 years, until now. Our scientists have developed experimental models of several forms of the long QT syndrome and have used these models to assess the protective effect of various drugs. Based on these findings, we have provided alternatives to the current treatment strategies and have shown that use of beta blockers (standard treatment) may be problematic in one genetic form of the disease. Clinical trials are already underway to examine whether these findings apply to humans.

Another major area of concentration are studies designed to probe the basis for Sudden Infant Death Syndrome (SIDS). The specific causes of sudden infant death syndrome (SIDS) have eluded scientists and physicians for many years.

Respiratory problems, infectious diseases and cardiovascular defects have long been suspected. Although a congenital defect of the heart known as the long QT syndrome has long been implicated, definitive evidence has been lacking. The first direct evidence linking SIDS to a congenital heart defect associated with a life-threatening abnormal heart rhythm appeared in the July, 2000 issue of the *New England Journal of Medicine*. The report is the result of collaboration between investigators at the University of Pavia in Pavia, Italy and the Masonic Medical Research Laboratory.

Our molecular biologists are also working at the Laboratory to probe the basis of electrical heterogeneity or differences within the heart (work pioneered at the MMRL) at the genetic level. We have recently demonstrated heterogeneity exists in the genetic material of cells in different parts of the heart, indicating that the electrical differences that our Laboratory has described over the past decade are controlled at the level of the genetic code. This information will hopefully permit the design of better and more rational treatments and cures to a variety of cardiac diseases. These are indeed exciting times for science and medicine.

The Masonic Medical Research Laboratory has come far thanks to the support of Masons everywhere, especially in New York and Florida. Our achievements and accomplishments are a direct result of the wonderful support that we have been privileged to receive, especially in the form of wills and bequests from friends throughout the world.

Millions of Americans and citizens of other countries have benefited from the research conducted at the MMRL and at similar research facilities worldwide. The need to intensify support of medical research is undeniable if we acknowledge a responsibility to leave, as a legacy to our children and grandchildren the prospect for a healthier life, one free of pain and suffering that many of us have endured. It is our hope that dissemination of the Laboratory's achievements will help foster pride in our great Fraternity and makes the light of Masonry shine brighter than ever before.

OUR ZEPHYR ANGELS IN THE KITCHEN

**MARY BELL ELEANOR FRITTER LOIS GERARD MARY
SMITH**

**CAROLE MCBRIDE ELIZABETH RETEY CAROLYN MAYER
CINDI MARCH**

Please welcome our newest Zephyr Angel, Cindi March who is married to our Jr. Steward, Dr. Paul March. We are blessed to have such great ladies who really know how to cook, so let them know exactly how much they are truly appreciated the next time you come to Lodge. Hours of hard work go into the preparation of each dinner so be sure to give a hardy welcome and thank you to Cindi and all the Zephyr Angels as you pass down the serving line. We never take our Zephyr Angels for granted. We are extremely grateful to each and every one of these wonderful ladies and for what they do to support our Lodge.

--- And don't forget, the donation is still only \$5.00 ---

LODGE CALENDAR & SECOND QUARTER EVENTS

April 4, 2013 – Zone 4 Masonic Leadership Training Workshop 6:00pm at Zephyr Lodge

April 8, 2013 – (Monday) Practice for EA Degree. 6:30pm

April 11, 2013 - Stated Communication and conferring of EA Degree

April 18, 2013 - Lodge Officer's Business Meeting and MM Degree Practice (Second Section) 6:30pm

April 25, 2013 – Stated Communication and Tentative Master Mason Degree

May 2, 2013 -- Lodge Officer's Business Meeting and FC Practice 6:30pm

May 9, 2013 – Stated Communication and Tentative FC Degree

May 16, 2013 - Lodge Officer's Business Meeting – Proposed Grand Lodge Legislation.

May 23, 2013 - Stated Communication

May 25 - 29, 2013 – 184th Grand Lodge Communication – Orlando, Florida

June 6, 2013 - Lodge Officer's Business Meeting and MM Degree Practice (Second Section) 6:30pm

June 13, 2013 - Stated Communication and Tentative MM Degree

Zephyr Lodge will go dark from June 14, 2013 through September 11, 2013.

September 12, 2013 will be the first Stated Communication after going dark for the summer.

<http://www.zephyrlodge198.com>

BE SURE TO SAVE IT TO YOUR FAVORITES AND CHECK IT DAILY



Zephyr Lodge 198

Lodge Location
5950 12th Street, Zephyrhills, FL 33542

Mailing Address
PO BOX 695, Zephyrhills, FL 33539

For membership information contact Secretary Paul Weil at 813-780-9838.

[Click here to visit our Facebook page.](#)

2013 Lodge Officers

Worshipful Master	William Clark	813-780-2545
Senior Warden	Robert Benner	813-728-0548
Junior Warden	David Budai	813-928-4416
Treasurer	Dewey Bandy	813-782-2240
Secretary	Paul Weil	813-780-9838
Chaplain	James Litchford	813-994-4689
Senior Deacon	Marcus Price	813-486-3160
Junior Deacon	Joseph Angello	813-788-3928
Senior Steward	Edward Davis	813-949-0538
Junior Steward	Paul March	352-567-1298
Marshal	Larry Johnston	813-782-9586
Musician	Federico Agnir	813-991-1924
Historian	Robert Benner	813-728-0548
Tyler	Michael Daffron	813-312-0564

For questions about the website, contact marcus@goinpostal.com

HAPPY BIRTHDAY WISHES GO OUT TO THESE BROTHERS

April

Howard J. Bell, Sr.
Robert C. Benner
Michael C. Daffron
Robert E. French
Robert J. Gaulin, Sr.
Jennings R. Gibson
John E. Harrison
Kenneth F. Kepner
Nicholas R. Lenz
Russell V. Loomis
Philip C. Miller, Sr.
George A. Neukom, Jr.
Robert Skrapka
Benjamin L. Warrell
Robert G. Winters

May

Richard P. Butler
Robert M. Butler
William E. Clark
Eugene L. Dorsey
Vance R. Forbes
Jack I. Johnson
William J. Metzner, Jr.
Brian K. Morgan
Donald R. Oaks
George W. Palmer
Thomas E. Potter
Jerald C. Pricher
Albert W. Royal
Ralph C. Steiner
Melvin A. Tschappat
Paul F. Weil

June

Robert G. Batdorf
Richard C. Benner
Lawrence Bleichfeld
John A. Campbell, Jr.
Peter J. Dempsey
Ramond J. Dennis
Freddie D. Horn
Cliff McDuffie
Courtney D. Pennell
Marcus S. Price
Asbury H. Small
I. C. Street

Past Masters of Zephyr Lodge No. 198

Worshipful Howard Bell
Worshipful Bob Skrapka
Worshipful Chuck Smith
Worshipful Carl Gerard

Worshipful Jim Litchford
Worshipful John Fritter
Worshipful Cliff McDuffie

Zephyr Lodge No. 198 Standing Committees for 2013

Finance

SW Bob Benner, Chair
JW David Budai
TR Dewey Bandy
PM Howard Bell
PM Chuck Smith
SEC Paul Weil

Vigilance

JW David Budai, Chair
PM John Fritter
SD Marcus Price

Petitions

PM Bob Skrapka, Chair
PM Howard Bell
SW Bob Benner

Board of Relief

WM Bill Clark, Chair
SW Bob Benner
JW David Budai

Charity

PM Cliff McDuffie, Chair
PM Jim Litchford
JW David Budai
JD Joe Angello

Lodge Property

TR Dewey Bandy, Chair
PM Chuck Smith
SD Marcus Price
PM Howard Bell
PM Carl Gerard
PM John Fritter

Masonic Education

JW David Budai, Chair

PM Howard Bell – Lodge Catechism Instructor, Scheduling and Lodge Etiquette GL-208
SW Bob Benner – MLT Coordinator and Master Mason Exams

Public Relations Officer – PM Cliff McDuffie

Lodge Mentor and Education of Candidates (other than catechism)

PM John Fritter – Lodge Mentor – Chair and Booklet Lectures
PM Chuck Smith – GL-201 (EA Intro) Booklet No. 1 Review
PM John Fritter – GL -202 (EA Degree) Booklet No. 2 Review
PM Carl Gerald – GL – 204 (FC Degree) Booklet No. 3 Review
WM Bill Clark – GL – 206 (MM Degree) Booklet No. 4 Review
PM Bob Skrapka – GL-200, GL-203, GL-205 and the Lodge By-Laws

Zephyr Lodge No. 198 Auxillary Committees for 2013

Investigating

PM Howard Bell, Chair
PM Chuck Smith
PM John Fritter
PM Carl Gerard
TR Dewey Bandy
SD Marcus Price

Blood Bank

PM John Fritter, Chair
JS Paul March, MD
JD Joe Angello
PM Carl Gerard, Scheduling
of Blood Mobile

Scholarships

PM Cliff McDuffie, Chair
PM Bob Skrapka

Lodge Librarian

Bro. Chuck Whiddon
PM Carl Gerard – Assistant

By-Laws Maintenance

PM Bob Skrapka, Chair
SS Ed Davis
SW Bob Benner

Lodge Historian

SW Bob Benner
PM Chuck Smith – Back-up
PM Cliff McDuffie – Back-up

Zephyr Angels (Meals)

David Budai – Coordinator
SS Ed Davis
JS Paul March

Committee on Ritual Work – Degree Teams

PM Howard Bell – Chair and Degree Team Instructor
PM Jim Litchford – Degree Team Instructor, Floorwork Procedures Manual

Committee on Lodge Work – Stated/Called Communications

PM Bob Skrapka, Chair and SW/JW Florida Masonic Code

PM Carl Gerard – SD/JD Florida Masonic Code

PM John Fritter – SS/JS Florida Masonic Code

Lodge Prompters

PM Chuck Smith – Stated Communications – Business Meetings

PM Howard Bell – EA, FC, MM Degrees; Called Communications

Lodge Visitations with Newly Raised Master Masons – PM Bob Skrapka

Zone Workshops/Degree Exemplifications – SW Bob Benner, JW David Budai, SD Marcus Price

Trestle Board – Quarterly

WM Bill Clark – East; Editor

SW Bob Benner – West

JW David Budai – South

SEC Paul – Grand Lodge Communications/Updates

PM Bob Skrapka – Lodge Activities

PM Chuck Smith – Calendar

SD Marcus Price – Website Management (www.zephyrlodge198.com)

Distribution: 1. E-mail – SEC Paul Weil

2. Hardcopy – at Stated Communications only

3. Website – SD Marcus Price

Lodge Reports (other than Grand Lodge Reports)

SW Bob Benner – Financial Report, quarterly (Internal Report)

JW David Budai - Masonic Education Activities Report, quarterly (Form ME-Q)

WM Bill Clark/JW David Budai – Record of ME Activities – Annually (Form ME-1)

Miscellaneous

JW David Budai – Pig Roast Ticket Distribution and Tracking

JW David Budai, SS Ed Davis and JS Paul March – Lodge Set-up/Breakdown and Trash

Candidate/Brother Degree Preparation – PM Bobby Walker

Last Updated: 1/9/2013



CONGRATULATIONS !

Raised April 30, 1953 Albert W. Royal - 60 Years!
Raised June 11, 1973 Paul F. Weil - 40 Years!
Raised June 23, 1983 Ralph C. Steiner - 30 Years!
Raised April 17, 1993 Ronald F. Edgerton - 20 Years!



Brethren,

Please contact Worshipful Master Bill Clark with any submissions or suggestions for our Trestle Board. Also to those of you who have sent in your updated contact information and e-mail address, we thank you. For those whose cable tow has not allowed this to happen, we look forward to hearing from you. Contact Secretary Paul Weil at: weilpaul02@gmail.com

FLORIDA FREEMASONRY LICENSE PLATE

We have exciting news! There is a bill being submitted to the 2013 Legislative Session in Tallahassee to create a specialty license plate to raise funds for the benefit of the Masonic Home of Florida Endowment Fund. This is a very important step to helping the Home be solvent for generations to come if we can get it passed and signed into legislation. All proceeds will go to the Masonic Home Endowment, Inc., a 501(c)(3) organization of which the interest is what we use to run the Home for our aged Brothers.

Brother Ritch Workman, a State Representative from the 52nd District (Melbourne), a member of Beach Lodge No. 354, is authoring the bill. A Legislative Breakfast Briefing was held on Tuesday, February 12, 2013, at the Old Capital Building on the State Capital Grounds.

We need to get the word out to every member of every Florida Lodge to bring to bear overwhelming support to the Legislature that this is important to us and to get it passed into law. If you have a Brother in your Lodge who is a member of the State Legislature, get them involved now. Have them connect to the Grand Master via your local D.D.G.M. so that we can ask them to become a co-sponsor with Brother Workman.

Be on the watch for a letter from Grand Lodge telling you exactly what you need to do to help get this legislation passed into law.



SAMPL

In God We Trust

TEMET NOSCE EX TENEBRIS LUX

God Bless America